



## **Stepping Up:**

Growing Your Impact on Purpose

### **Why Purpose Matters:**

1. We perform better on every metric when we focus on calling rather than job
2. Enhances longevity
3. Increases happiness

### **Guiding Questions to Find Your Purpose:**

What bothered you about the world as a child?

What catches your eye when you read the news, and why?

When you go home feeling it mattered that you went in to work today, what did you do? What happened that day?

What is the best gift you think you have to give to the world every day?

### **Disciplines for Purpose**

Read it to start your day.

At the end of your day how did you get to live it? (The Bird-My Partner) The deepest connection we can have with a partner is purpose.

When it happens, breathe it in, celebrate it.

Look for it everywhere - How can I bring this NOW, not only the big moments.

Be courageous to ask the tough questions: Can I live my purpose in the work I am doing? What deeper calling may be speaking to me?

### **Reflection:**

What is your Purpose? In Life? And in your current work?